

FMU Wellness Center

Master Schedule

March 5, 2017 – March 12, 2017

SPRING BREAK

Sunday, March 5, 2017

NO EVENTS SCHEDULED

Monday, March 6, 2017

5:45am – 7:00pm	Track & Field	Weight Room
8:00am – 9:30am	Men's Baseball	Weight Room
11:00am – 5:00pm	Fitness Room Open	
11:00am – 3:00pm	OPEN GYM	Arena
3:00pm – 5:30pm	Men's Basketball Workout	Arena

Tuesday, March 7, 2017

6:00am – 7:30am	Men's Baseball	Weight Room
11:00am – 5:00pm	Fitness Room Open	
11:00am – 3:00pm	OPEN GYM	Arena
3:00pm – 5:30pm	Men's Basketball Workout	Arena

Wednesday, March 8, 2017

5:45am – 7:00am	Track & Field	Weight Room
11:00am – 3:00pm	OPEN GYM	Arena
3:00pm – 5:30pm	Men's Basketball Workout	Arena

***Fitness Room CLOSED**

Thursday, March 9, 2017

6:00am – 7:30am	Men's Baseball	Weight Room
11:00am – 5:00pm	Fitness Room Open	
11:00am – 3:00pm	OPEN GYM	Arena
3:00pm – 5:30pm	Men's Basketball Workout	Arena

Friday, March 10, 2017

5:45am – 7:00am	Track & Field	Weight Room
8:00am – 9:30am	Men's Baseball	Weight Room
11:00am – 5:00pm	Fitness Room Open	
11:00am – 3:00pm	OPEN GYM	Arena
3:00pm – 5:30pm	Men's Basketball Workout	Arena

Saturday, March 11, 2017

NO EVENTS SCHEDULED

Sunday, March 12, 2017

NO EVENTS SCHEDULED